WHAT IS CLAIMED IS:

1. A method of making a nose protection shield comprising the steps of:

making a cast of a nose by applying a first hardenable material on the nose;

causing said first hardening material to harden forming said cast;

removing of said cast after such is hardened where the cast has a cavity the precise shape of the exterior surface of the nose;

filling of said cavity with a second hardenable material;

permitting said second hardenable material to harden forming a model;

removing said model from said cast;

placing a thin, flexible plastic sheet on said model;

inserting said model and said sheet within a forming machine;

drawing a vacuum which presses said shape tightly against said model;

applying heat for a short period of time to said sheet with the heat being sufficient to change the at-rest configuration of said sheet to the configuration of said model;

removing said sheet and said model from said forming machine;

removing said sheet from said model;

trimming said sheet to a desired size;

forming ventilation holes in said sheet which results in said nose protection shield; and

whereby said nose protection shield can now be worn by an individual for which said nose protection shield was custom designed permitting the individual to wear eyeglasses which have a bridge which will rest on said noise protection shield and not form an indentation within the skin of the nose.

2. The method as defined in Claim 1 wherein said sheet comprises a hydrophilic material.

3. The method as defined in Claim 1 wherein said sheet is selected to be within the range of one-half millimeter to one millimeter thick.

4. A nose protection shield comprising:

a thin, thermoplastic, hydrophilic material which is designed to achieve a precise fit against a nose of the wearer.

5. The nose protection shield as defined in Claim 4 wherein:

said nose protection shield having a thickness between one-half millimeter to one millimeter thick.